



Breakfast

Shakshuka

*Middle Eastern Baked Eggs in a spicy tomato concasse dotted with labneh or yoghurt and
Sesame Foam served with your choice of bread for dipping
Sourdough, Ciabatta or Farmhouse White*

R 159

Omelette

*Three Egg Fluffy Omelette
Choice of Fillings:*

Bacon, Feta & Avo

R 139

*Roasted Peppers, Cherry Tomatoes, Mushrooms, Feta
Served with your choice of Rye, Sourdough or Ciabatta or Farmhouse White Toast*

R 159



Traditional Breakfast

*Two Poached, Scrambled or Fried Eggs, Grilled Mushrooms and Cherry Tomatoes, Crispy Bacon and Pork Chipolata
Served with your choice of Rye, Sourdough or Ciabatta or Farmhouse White Toast*

R 149

Smashed Avo on Toast

*Smashed Avo, Sliced Radish, Cherry Tomatoes, Chevin Goats Cheese & Fresh Mint
Served with your choice of Rye, Sourdough or Ciabatta or Farmhouse White Toast*

R 89

Salmon Scramble

*Scrambled Eggs and Smoked Salmon Trout,
Cherry Tomatoes, Cottage Cheese & Chives
Served with your choice of Rye, Sourdough or Ciabatta or Farmhouse White Toast*

R159

Paw Paw Sunrise

Sliced Paw Paw with Greek Yoghurt, Toasted Almonds and Honey Drizzle

R 109



Lunch & Dinner

Pizza

Focaccia – Plain Pizza Base with Garlic & Herbs

R 89

Margharita – Mozzarella & Tomato

R 119

Hawaiian – Margharita, Pineapple & Ham

R 139

BBQ Chicken – Margharita, BBQ Chicken & Mushroom

R 189

Salami – Margharita, Salami, Olives, Sundried Tomato, Feta, Basil Pesto & Fresh Basil

R 195

Flat Breads

Flatbread topped with Thinly Sliced Rump, Chimichurri Sauce,
Caramelised Onion, Balsamic Glaze and Rocket

R 185



Flat Breads

Flatbread topped with Marinated Cherry Tomatoes, Buffalo Mozzarella,
Basil Pesto Balsamic Glaze and Rocket

R 155

Frederick's Table

Rustic Toasted Sandwiches

(Served with Onion Rings & Shoestring Fries or a Greek Salad)

Sourdough, Ciabatta or Farmhouse White Artisinal Bread Toasted with
Cajun Chicken Mayonnaise & Mozzarella

R 159

Sourdough, Ciabatta or Farmhouse White Artisinal Bread Toasted with
Tomato, Basil Pesto & Mozzarella

R 125



Burgers & Prego's

(Served with Onion Rings & Shoestring Fries or a Greek Salad)

Gourmet Beef Burger

150g 100% Ground Wagyu Beef Patty with Lettuce, Tomato, Red Onion & Frederick's Sauce Gouda Slice, Pickles, Crispy Parma Ham, Caramelised Onion, served on a Brioche Bun

R 195

Gourmet Veggie Burger

Panko Crumbed Vegetarian Patty made of Chickpeas, Grated Carrot, Zucchini & Sweet Potato with Lettuce, Tomato, Red Onion & Frederic's Sauce served on a Brioche Bun, Gouda Slice, Pickles, Caramelised Onion

R 185

Chicken Prego

Grilled Chicken Fillet in Mozambique Peri-Peri Basting served with Lettuce, Tomato, Peri Mayonnaise and Caramelised Onion served on a Portuguese Roll

R 135



Beef, Poultry and Fish

Grilled Rump

350g Free Range Rump Steak Grilled to Perfection served with Bourbon BBQ Basting Sauce

(Served with Onion Rings & Shoestring Fries or a Greek Salad)

R 295

Beef Fillet Stack

Beef Fillet Steak Layered with Roasted Potato Discs, Marinated Cherry Tomatoes, Topped with Sliced Avo and Goats Cheese Croquette

R 330

Lamb Chops

Free range Lamb Loin Chops served with Silky Mustard Mashed Potato and Minty Peas

R 229

Terriyaki Chicken Skewers

Deboned Chicken Thigh Skewers in a Sticky Terriyaki Glaze served with Asian Slaw and Grilled Pineapple and Shoestring Fries

R 189

Creamy Peri-Peri Chicken Livers

Pan Seared Chicken Livers in a Creamy Peri-Peri Brandy Sauce

Served with Toasted Ciabatta

R 175



Southern Fried Chicken Wings

*Crispy Battered Wings and Drumettes served with a
Bourbon BBQ or Creamy Blue Cheese Dip*

(Served with Onion Rings & Shoestring Fries or a Greek Salad)

R 195

Sticky BBQ Pork Ribs

600g Pork Ribs basted in Bourbon BBQ Sauce

(Served with Onion Rings & Shoestring Fries or a Greek Salad)

R 295

Panko Crumbed Hake Goujons

Panko Crumbed Hake Goujons served with Tartare Sauce

(Served with Onion Rings & Shoestring Fries or a Greek Salad)

R 185



Taco's

Tio of Mini Taco's

*Crunchy Slaw with Avo, Tomato & Cucumber in Soft Taco Shell topped with
Panko Hake Goujons and Chipotle BBQ Mayonnaise*

*Crunchy Slaw with Avo, Tomato & Cucumber in Soft Taco Shell topped with
Panko Chicken Goujons and Chipotle BBQ Mayonnaise*

*Crunchy Slaw with Avo, Tomato & Cucumber in Soft Taco Shell topped with
Fried Halloumi and Chipotle BBQ Mayonnaise*

R 155

Salads

Butternut, Beetroot & Goats Cheese Salad

Roasted Butternut, Marinated Beetroot, Chevin Goats Cheese, Roasted Pumpkin Seeds on Mixed Greens served with A Balsamic Vinaigrette

R 175

Add: Grilled Chicken Breast

R 29



Bar Snacks

Beef Slider

R29 Single R87 for 3

Boboti Cigars in Sweet Chili Sauce Shooter

R29 Single or R87 for 3

Panko Chicken Strip in Sweet Chilli Sauce Shooter

R29 Single or R87 for 3

Hake Goujon in Tartare Sauce Shooter

R35 Single or R105 for 3

Beef Empanadas

R29 or R87 for 3

Thai Prawn Spring Roll in Sweet Chilli Sauce Shooter

R39 single or R117 for 3



Bar Snacks

Jalapeno & Cheese Rissolo

R25 single or R75 for 3

Boards to Share

Served with Shoestring Fries & Crispy Onion Rings

OR

Greek Salad

Meat Lovers Board

Greek Meatballs, Beef Kebabs, Terriyaki Chicken Skewers,

Beef Kofta, Beef Samosa, Beef Empanada

Tomato Chutney

R249 Board for 2

R498 Board for 4



Sticky Board

Sticky Chicken Wings

Sticky BBQ Ribs

BBQ Chicken Kebabs

R370 Board for 1

R740 Board for 2

Frederick's Table

Vegetarian Board

Onion Bhajji, Jalapeno & Cheese Rissoles, Vegetable Empanada,

Butternut & Feta Mini Quiche, Caramelised Onion Cheese Balls

Mango Chutney

R229 Board for 2

R458 Board for 4

(Served with Onion Rings & Shoestring Fries or a Greek Salad)



California Roll

8 Piece

Crabstick R 134

Salmon R 189

Smoked Salmon R142

Prawn R 179

Avocado / Cucumber R 112

Any of the above can add a Tampura Prawn with Spicy Mayo (Fully Loaded – Add R 35)

Rainbow Roll

8 Piece

California Roll wrapped in Avo & Salmon R215

Topped with Spicy Panko Crumbed Prawn R345



Fashion Sandwich

8 Piece

Crab Stick R 136

Smoked Salmon R148

Salmon R 205

Prawn R 156

Avocado & Cucumber R 142

Nigiri

2 Piece

Salmon R 105

Prawn R 105



Maki

6 Piece

Crab Stick R 79

Smoked Salmon R 85

Salmon R 106

Prawn R 96

Avo R 65

Cucumber R 65

Salmon Roses

2 Piece

Salmon, Sushi Rice, Salmon Roe and Spicy Mayo

R 169



Salmon Sashimi

3 Piece

Salmon, Sliced Jalapeno, Spring Onion, Soy Sauce

Sesame Oil & Ponzu Sauce

R 345

Sushi Platter for 1

Salmon Rose x 1

Rainbow Rolls x 2

Avo Maki x 2

Cucumber Maki x 2

Crab Stick California Rolls x 2

Prawn Fashion Sandwich x 2

Spicy Tempura Prawn Rainbow Rolls x 2

R 365

Sushi Platter for 2

Salmon Roses x 2

Rainbow Rolls x 4

Avo Maki x 4

Cucumber Maki x 4

Crab Stick California Rolls x 4

Prawn Fashion Sandwich x 4

Spicy Tempura Prawn Rainbow Rolls x 4

R 730



Desserts

Vanilla Bean Panna Cotta with Sherry Caramel and Red Velvet Cake Pop

R 125

Malva Pudding with Cookie Crumble & Crème Anglaise

R 125

Waffle with Home-made Pistachio & Macha Ice Cream and Strawberries topped with Honeycomb

R 149

Chocolate Brownies with Pistachio & Macha Ice Cream and Peanut Brittle

R 125



Petit Menu

Pizza

Build your own Pizza

R 55

Mini Sliders

2 Mini Beef Burgers and Shoestring Fries

R 75

Toasted Ham & Cheese

Toasted Ham & Cheese and Shoestring Fries

R 89

Chicken Strips & Chips

Crumbed Chicken Strips served with Shoestring Fries

R99



Dessert

Ice and Decorate your own cupcake

R45

Chocolate Brownies with Vanilla Ice Cream

R 65

Cake Pops and Vanilla Ice Cream

R 60

Vanilla Ice Cream & Chocolate Ganache Sauce

R 45



Breakfast

Shakshuka

*Middle Eastern Baked Eggs in a spicy tomato concasse dotted with labneh or yoghurt and
Sesame Foam served with your choice of bread for dipping
Sourdough, Ciabatta or Farmhouse White*

R 159

Omelette

*Three Egg Fluffy Omelette
Choice of Fillings:*

Bacon, Feta & Avo

R 139

*Roasted Peppers, Cherry Tomatoes, Mushrooms, Feta
Served with your choice of Rye, Sourdough or Ciabatta or Farmhouse White Toast*

R 159



Traditional Breakfast

*Two Poached, Scrambled or Fried Eggs, Grilled Mushrooms and Cherry Tomatoes, Crispy Bacon and Pork Chipolata
Served with your choice of Rye, Sourdough or Ciabatta or Farmhouse White Toast*

R 149

Smashed Avo on Toast

*Smashed Avo, Sliced Radish, Cherry Tomatoes, Chevin Goats Cheese & Fresh Mint
Served with your choice of Rye, Sourdough or Ciabatta or Farmhouse White Toast*

R 89

Salmon Scramble

*Scrambled Eggs and Smoked Salmon Trout,
Cherry Tomatoes, Cottage Cheese & Chives
Served with your choice of Rye, Sourdough or Ciabatta or Farmhouse White Toast*

R159

Paw Paw Sunrise

Sliced Paw Paw with Greek Yoghurt, Toasted Almonds and Honey Drizzle

R 109



Lunch & Dinner

Pizza

Focaccia – Plain Pizza Base with Garlic & Herbs

R 89

Margharita – Mozzarella & Tomato

R 119

Hawaiian – Margharita, Pineapple & Ham

R 139

BBQ Chicken – Margharita, BBQ Chicken & Mushroom

R 189

Salami – Margharita, Salami, Olives, Sundried Tomato, Feta, Basil Pesto & Fresh Basil

R 195

Flat Breads

Flatbread topped with Thinly Sliced Rump, Chimichurri Sauce,
Caramelised Onion, Balsamic Glaze and Rocket

R 185



Flat Breads

Flatbread topped with Marinated Cherry Tomatoes, Buffalo Mozzarella,
Basil Pesto Balsamic Glaze and Rocket

R 155

Frederick's Table

Rustic Toasted Sandwiches

(Served with Onion Rings & Shoestring Fries or a Greek Salad)

Sourdough, Ciabatta or Farmhouse White Artisinal Bread Toasted with
Cajun Chicken Mayonnaise & Mozzarella

R 159

Sourdough, Ciabatta or Farmhouse White Artisinal Bread Toasted with
Tomato, Basil Pesto & Mozzarella

R 125



Burgers & Prego's

(Served with Onion Rings & Shoestring Fries or a Greek Salad)

Gourmet Beef Burger

150g 100% Ground Wagyu Beef Patty with Lettuce, Tomato, Red Onion & Frederick's Sauce Gouda Slice, Pickles, Crispy Parma Ham, Caramelised Onion, served on a Brioche Bun

R 195

Gourmet Veggie Burger

Panko Crumbed Vegetarian Patty made of Chickpeas, Grated Carrot, Zucchini & Sweet Potato with Lettuce, Tomato, Red Onion & Frederic's Sauce served on a Brioche Bun, Gouda Slice, Pickles, Caramelised Onion

R 185

Chicken Prego

Grilled Chicken Fillet in Mozambique Peri-Peri Basting served with Lettuce, Tomato, Peri Mayonnaise and Caramelised Onion served on a Portuguese Roll

R 135



Beef, Poultry and Fish

Grilled Rump

350g Free Range Rump Steak Grilled to Perfection served with Bourbon BBQ Basting Sauce

(Served with Onion Rings & Shoestring Fries or a Greek Salad)

R 295

Beef Fillet Stack

Beef Fillet Steak Layered with Roasted Potato Discs, Marinated Cherry Tomatoes, Topped with Sliced Avo and Goats Cheese Croquette

R 330

Lamb Chops

Free range Lamb Loin Chops served with Silky Mustard Mashed Potato and Minty Peas

R 229

Terriyaki Chicken Skewers

Deboned Chicken Thigh Skewers in a Sticky Terriyaki Glaze served with Asian Slaw and Grilled Pineapple and Shoestring Fries

R 189

Creamy Peri-Peri Chicken Livers

Pan Seared Chicken Livers in a Creamy Peri-Peri Brandy Sauce

Served with Toasted Ciabatta

R 175



Southern Fried Chicken Wings

*Crispy Battered Wings and Drumettes served with a
Bourbon BBQ or Creamy Blue Cheese Dip*

(Served with Onion Rings & Shoestring Fries or a Greek Salad)

R 195

Sticky BBQ Pork Ribs

600g Pork Ribs basted in Bourbon BBQ Sauce

(Served with Onion Rings & Shoestring Fries or a Greek Salad)

R 295

Panko Crumbed Hake Goujons

Panko Crumbed Hake Goujons served with Tartare Sauce

(Served with Onion Rings & Shoestring Fries or a Greek Salad)

R 185



Taco's

Tio of Mini Taco's

*Crunchy Slaw with Avo, Tomato & Cucumber in Soft Taco Shell topped with
Panko Hake Goujons and Chipotle BBQ Mayonnaise*

*Crunchy Slaw with Avo, Tomato & Cucumber in Soft Taco Shell topped with
Panko Chicken Goujons and Chipotle BBQ Mayonnaise*

*Crunchy Slaw with Avo, Tomato & Cucumber in Soft Taco Shell topped with
Fried Halloumi and Chipotle BBQ Mayonnaise*

R 155

Salads

Butternut, Beetroot & Goats Cheese Salad

Roasted Butternut, Marinated Beetroot, Chevin Goats Cheese, Roasted Pumpkin Seeds on Mixed Greens served with A Balsamic Vinaigrette

R 175

Add: Grilled Chicken Breast

R 29



Bar Snacks

Beef Slider

R29 Single R87 for 3

Boboti Cigars in Sweet Chili Sauce Shooter

R29 Single or R87 for 3

Panko Chicken Strip in Sweet Chilli Sauce Shooter

R29 Single or R87 for 3

Hake Goujon in Tartare Sauce Shooter

R35 Single or R105 for 3

Beef Empanadas

R29 or R87 for 3

Thai Prawn Spring Roll in Sweet Chilli Sauce Shooter

R39 single or R117 for 3



Bar Snacks

Jalapeno & Cheese Rissolo

R25 single or R75 for 3

Boards to Share

Served with Shoestring Fries & Crispy Onion Rings

OR

Greek Salad

Meat Lovers Board

Greek Meatballs, Beef Kebabs, Terriyaki Chicken Skewers,

Beef Kofta, Beef Samosa, Beef Empanada

Tomato Chutney

R249 Board for 2

R498 Board for 4



Sticky Board

Sticky Chicken Wings

Sticky BBQ Ribs

BBQ Chicken Kebabs

R370 Board for 1

R740 Board for 2

Frederick's Table

Vegetarian Board

Onion Bhajji, Jalapeno & Cheese Risssoles, Vegetable Empanada,

Butternut & Feta Mini Quiche, Caramelised Onion Cheese Balls

Mango Chutney

R229 Board for 2

R458 Board for 4

(Served with Onion Rings & Shoestring Fries or a Greek Salad)



California Roll

8 Piece

Crabstick R 134

Salmon R 189

Smoked Salmon R142

Prawn R 179

Avocado / Cucumber R 112

Any of the above can add a Tampura Prawn with Spicy Mayo (Fully Loaded – Add R 35)

Rainbow Roll

8 Piece

California Roll wrapped in Avo & Salmon R215

Topped with Spicy Panko Crumbed Prawn R345



Fashion Sandwich

8 Piece

Crab Stick R 136

Smoked Salmon R148

Salmon R 205

Prawn R 156

Avocado & Cucumber R 142

Frederick's Table

Nigiri

2 Piece

Salmon R 105

Prawn R 105



Maki

6 Piece

Crab Stick R 79

Smoked Salmon R 85

Salmon R 106

Prawn R 96

Avo R 65

Cucumber R 65

Salmon Roses

2 Piece

Salmon, Sushi Rice, Salmon Roe and Spicy Mayo

R 169



Salmon Sashimi

3 Piece

Salmon, Sliced Jalapeno, Spring Onion, Soy Sauce

Sesame Oil & Ponzu Sauce

R 345

Sushi Platter for 1

Salmon Rose x 1

Rainbow Rolls x 2

Avo Maki x 2

Cucumber Maki x 2

Crab Stick California Rolls x 2

Prawn Fashion Sandwich x 2

Spicy Tempura Prawn Rainbow Rolls x 2

R 365

Sushi Platter for 2

Salmon Roses x 2

Rainbow Rolls x 4

Avo Maki x 4

Cucumber Maki x 4

Crab Stick California Rolls x 4

Prawn Fashion Sandwich x 4

Spicy Tempura Prawn Rainbow Rolls x 4

R 730



Desserts

Vanilla Bean Panna Cotta with Sherry Caramel and Red Velvet Cake Pop

R 125

Malva Pudding with Cookie Crumble & Crème Anglaise

R 125

Waffle with Home-made Pistachio & Macha Ice Cream and Strawberries topped with Honeycomb

R 149

Chocolate Brownies with Pistachio & Macha Ice Cream and Peanut Brittle

R 125



Petit Menu

Pizza

Build your own Pizza

R 55

Mini Sliders

2 Mini Beef Burgers and Shoestring Fries

R 75

Toasted Ham & Cheese

Toasted Ham & Cheese and Shoestring Fries

R 89

Chicken Strips & Chips

Crumbed Chicken Strips served with Shoestring Fries

R99



Dessert

Ice and Decorate your own cupcake

R45

Chocolate Brownies with Vanilla Ice Cream

R 65

Cake Pops and Vanilla Ice Cream

R 60

Vanilla Ice Cream & Chocolate Ganache Sauce

R 45



Breakfast

Shakshuka

*Middle Eastern Baked Eggs in a spicy tomato concasse dotted with labneh or yoghurt and
Sesame Foam served with your choice of bread for dipping
Sourdough, Ciabatta or Farmhouse White*

R 159

Omelette

*Three Egg Fluffy Omelette
Choice of Fillings:*

Bacon, Feta & Avo

R 139

*Roasted Peppers, Cherry Tomatoes, Mushrooms, Feta
Served with your choice of Rye, Sourdough or Ciabatta or Farmhouse White Toast*

R 159



Traditional Breakfast

*Two Poached, Scrambled or Fried Eggs, Grilled Mushrooms and Cherry Tomatoes, Crispy Bacon and Pork Chipolata
Served with your choice of Rye, Sourdough or Ciabatta or Farmhouse White Toast*

R 149

Smashed Avo on Toast

*Smashed Avo, Sliced Radish, Cherry Tomatoes, Chevin Goats Cheese & Fresh Mint
Served with your choice of Rye, Sourdough or Ciabatta or Farmhouse White Toast*

R 89

Salmon Scramble

*Scrambled Eggs and Smoked Salmon Trout,
Cherry Tomatoes, Cottage Cheese & Chives
Served with your choice of Rye, Sourdough or Ciabatta or Farmhouse White Toast*

R159

Paw Paw Sunrise

Sliced Paw Paw with Greek Yoghurt, Toasted Almonds and Honey Drizzle

R 109



Lunch & Dinner

Pizza

Focaccia – Plain Pizza Base with Garlic & Herbs

R 89

Margharita – Mozzarella & Tomato

R 119

Hawaiian – Margharita, Pineapple & Ham

R 139

BBQ Chicken – Margharita, BBQ Chicken & Mushroom

R 189

Salami – Margharita, Salami, Olives, Sundried Tomato, Feta, Basil Pesto & Fresh Basil

R 195

Flat Breads

Flatbread topped with Thinly Sliced Rump, Chimichurri Sauce,
Caramelised Onion, Balsamic Glaze and Rocket

R 185



Flat Breads

Flatbread topped with Marinated Cherry Tomatoes, Buffalo Mozzarella,
Basil Pesto Balsamic Glaze and Rocket

R 155

Frederick's Table

Rustic Toasted Sandwiches

(Served with Onion Rings & Shoestring Fries or a Greek Salad)

Sourdough, Ciabatta or Farmhouse White Artisinal Bread Toasted with
Cajun Chicken Mayonnaise & Mozzarella

R 159

Sourdough, Ciabatta or Farmhouse White Artisinal Bread Toasted with
Tomato, Basil Pesto & Mozzarella

R 125



Burgers & Prego's

(Served with Onion Rings & Shoestring Fries or a Greek Salad)

Gourmet Beef Burger

150g 100% Ground Wagyu Beef Patty with Lettuce, Tomato, Red Onion & Frederick's Sauce Gouda Slice, Pickles, Crispy Parma Ham, Caramelised Onion, served on a Brioche Bun

R 195

Gourmet Veggie Burger

Panko Crumbed Vegetarian Patty made of Chickpeas, Grated Carrot, Zucchini & Sweet Potato with Lettuce, Tomato, Red Onion & Frederic's Sauce served on a Brioche Bun, Gouda Slice, Pickles, Caramelised Onion

R 185

Chicken Prego

Grilled Chicken Fillet in Mozambique Peri-Peri Basting served with Lettuce, Tomato, Peri Mayonnaise and Caramelised Onion served on a Portuguese Roll

R 135



Beef, Poultry and Fish

Grilled Rump

350g Free Range Rump Steak Grilled to Perfection served with Bourbon BBQ Basting Sauce

(Served with Onion Rings & Shoestring Fries or a Greek Salad)

R 295

Beef Fillet Stack

Beef Fillet Steak Layered with Roasted Potato Discs, Marinated Cherry Tomatoes, Topped with Sliced Avo and Goats Cheese Croquette

R 330

Lamb Chops

Free range Lamb Loin Chops served with Silky Mustard Mashed Potato and Minty Peas

R 229

Terriyaki Chicken Skewers

Deboned Chicken Thigh Skewers in a Sticky Terriyaki Glaze served with Asian Slaw and Grilled Pineapple and Shoestring Fries

R 189

Creamy Peri-Peri Chicken Livers

Pan Seared Chicken Livers in a Creamy Peri-Peri Brandy Sauce

Served with Toasted Ciabatta

R 175



Southern Fried Chicken Wings

*Crispy Battered Wings and Drumettes served with a
Bourbon BBQ or Creamy Blue Cheese Dip*

(Served with Onion Rings & Shoestring Fries or a Greek Salad)

R 195

Sticky BBQ Pork Ribs

600g Pork Ribs basted in Bourbon BBQ Sauce

(Served with Onion Rings & Shoestring Fries or a Greek Salad)

R 295

Panko Crumbed Hake Goujons

Panko Crumbed Hake Goujons served with Tartare Sauce

(Served with Onion Rings & Shoestring Fries or a Greek Salad)

R 185



Taco's

Tio of Mini Taco's

*Crunchy Slaw with Avo, Tomato & Cucumber in Soft Taco Shell topped with
Panko Hake Goujons and Chipotle BBQ Mayonnaise*

*Crunchy Slaw with Avo, Tomato & Cucumber in Soft Taco Shell topped with
Panko Chicken Goujons and Chipotle BBQ Mayonnaise*

*Crunchy Slaw with Avo, Tomato & Cucumber in Soft Taco Shell topped with
Fried Halloumi and Chipotle BBQ Mayonnaise*

R 155

Salads

Butternut, Beetroot & Goats Cheese Salad

Roasted Butternut, Marinated Beetroot, Chevin Goats Cheese, Roasted Pumpkin Seeds on Mixed Greens served with A Balsamic Vinaigrette

R 175

Add: Grilled Chicken Breast

R 29



Bar Snacks

Beef Slider

R29 Single R87 for 3

Boboti Cigars in Sweet Chili Sauce Shooter

R29 Single or R87 for 3

Panko Chicken Strip in Sweet Chilli Sauce Shooter

R29 Single or R87 for 3

Hake Goujon in Tartare Sauce Shooter

R35 Single or R105 for 3

Beef Empanadas

R29 or R87 for 3

Thai Prawn Spring Roll in Sweet Chilli Sauce Shooter

R39 single or R117 for 3



Bar Snacks

Jalapeno & Cheese Rissolo

R25 single or R75 for 3

Boards to Share

Served with Shoestring Fries & Crispy Onion Rings

OR

Greek Salad

Meat Lovers Board

Greek Meatballs, Beef Kebabs, Terriyaki Chicken Skewers,

Beef Kofta, Beef Samosa, Beef Empanada

Tomato Chutney

R249 Board for 2

R498 Board for 4



Sticky Board

Sticky Chicken Wings

Sticky BBQ Ribs

BBQ Chicken Kebabs

R370 Board for 1

R740 Board for 2

Frederick's Table

Vegetarian Board

Onion Bhajji, Jalapeno & Cheese Risssoles, Vegetable Empanada,

Butternut & Feta Mini Quiche, Caramelised Onion Cheese Balls

Mango Chutney

R229 Board for 2

R458 Board for 4

(Served with Onion Rings & Shoestring Fries or a Greek Salad)



California Roll

8 Piece

Crabstick R 134

Salmon R 189

Smoked Salmon R142

Prawn R 179

Avocado / Cucumber R 112

Any of the above can add a Tampura Prawn with Spicy Mayo (Fully Loaded – Add R 35)

Rainbow Roll

8 Piece

California Roll wrapped in Avo & Salmon R215

Topped with Spicy Panko Crumbed Prawn R345



Fashion Sandwich

8 Piece

Crab Stick R 136

Smoked Salmon R148

Salmon R 205

Prawn R 156

Avocado & Cucumber R 142

Frederick's Table

Nigiri

2 Piece

Salmon R 105

Prawn R 105



Maki

6 Piece

Crab Stick R 79

Smoked Salmon R 85

Salmon R 106

Prawn R 96

Avo R 65

Cucumber R 65

Salmon Roses

2 Piece

Salmon, Sushi Rice, Salmon Roe and Spicy Mayo

R 169



Salmon Sashimi

3 Piece

Salmon, Sliced Jalapeno, Spring Onion, Soy Sauce

Sesame Oil & Ponzu Sauce

R 345

Sushi Platter for 1

Salmon Rose x 1

Rainbow Rolls x 2

Avo Maki x 2

Cucumber Maki x 2

Crab Stick California Rolls x 2

Prawn Fashion Sandwich x 2

Spicy Tempura Prawn Rainbow Rolls x 2

R 365

Sushi Platter for 2

Salmon Roses x 2

Rainbow Rolls x 4

Avo Maki x 4

Cucumber Maki x 4

Crab Stick California Rolls x 4

Prawn Fashion Sandwich x 4

Spicy Tempura Prawn Rainbow Rolls x 4

R 730



Desserts

Vanilla Bean Panna Cotta with Sherry Caramel and Red Velvet Cake Pop

R 125

Malva Pudding with Cookie Crumble & Crème Anglaise

R 125

Waffle with Home-made Pistachio & Macha Ice Cream and Strawberries topped with Honeycomb

R 149

Chocolate Brownies with Pistachio & Macha Ice Cream and Peanut Brittle

R 125



Petit Menu

Pizza

Build your own Pizza

R 55

Mini Sliders

2 Mini Beef Burgers and Shoestring Fries

R 75

Toasted Ham & Cheese

Toasted Ham & Cheese and Shoestring Fries

R 89

Chicken Strips & Chips

Crumbed Chicken Strips served with Shoestring Fries

R99



Dessert

Ice and Decorate your own cupcake

R45

Chocolate Brownies with Vanilla Ice Cream

R 65

Cake Pops and Vanilla Ice Cream

R 60

Vanilla Ice Cream & Chocolate Ganache Sauce

R 45